

# Opal

## Life looks brighter outside

### Your pocket guide to outside in Campbelltown



OPAL is a joint program of Australian, State and Local Governments.



## A selection of Campbelltown parks and playgrounds

### 1 Athelstone Recreational Reserve

**Location:** Lower Athelstone Road, Athelstone  
**Features:** Suitable for ball games, soccer goals, playground, car parking, natural setting,

### 2 Campbelltown Memorial Oval

**Location:** Corner Darley and Lower N E Roads, Paradise  
**Features:** Suitable for ball games, car parking, football goals, toilets

### 3 Campbelltown Skate Park

**Location:** Darley Road, Paradise  
**Features:** Intermediate level skate park, lighting until 10pm, BBQ, picnic area, toilets, basketball ring

### 4 Charlesworth Park

**Location:** Reserve Road, Campbelltown  
**Features:** Playground, basketball, tennis, cricket and soccer facilities, fitness track and equipment, BBQ, picnic area, drinking fountain

### 5 Clarke Crescent Reserve

**Location:** Clarke Crescent, Paradise  
**Features:** Natural setting, drinking fountain, walking, cycling trail, playground, toilets, BBQ, picnic area

### 6 Daly Oval

**Location:** Fisher Street, Magill  
**Features:** Area for ball games, football goals, cricket/netball courts, playground, BBQ, picnic area, drinking fountains

### 7 Denis Morrissey Park

**Location:** St Bernard's Road, Hectorville  
**Features:** Natural creek setting, toilets, fenced dog park, suitable for ball games, picnic area, playground

### 8 Gums Recreational Ground

**Location:** Shakespeare Avenue, Tranmere  
**Features:** Playground, wheelchair access, public toilets, BBQ, picnic area, creek, area for ball games, war memorial

### 9 Gurners Reserve

**Location:** Leabrook Drive, Rostrevor  
**Features:** Playground, basketball court, grass area, shade trees, drinking fountain, BBQ, picnic area, climbing trees

### 10 Horwood Avenue Playground

**Location:** Horwood Avenue, Rostrevor  
**Features:** Seating, natural setting, creek, playground, walking and cycling trail

### 11 Lochiel Park

**Location:** Lochend Drive, Campbelltown  
**Features:** Picnic area, BBQ, walking and cycling trail, toilet, playground, basketball court, fitness track

### 12 Lovell Reserve

**Location:** Ryan Avenue, Athelstone  
**Features:** Creek, basketball and tennis facilities, playground, toilets, BBQ, picnic area, drinking fountain

### 13 Max Amber Sports Field

**Location:** George Street and Schultz Road, Athelstone  
**Features:** Football, cricket, tennis and soccer facilities. Creek, walking trail, natural setting, car parking

### 14 Murray Park Oval and Lorne Ave Tennis Courts

**Location:** Balmoral and Lorne Avenue, Magill  
**Features:** Cricket, soccer and tennis facilities, playground, toilets, suitable for ball games

### 15 Nightingale Reserve

**Location:** Woodforde Road, Magill  
**Features:** Creek, playground, tennis and basketball facilities, toilets, BBQ, picnic area, interpretive trail

### 16 Oakdale Avenue Reserve

**Location:** Oakdale Avenue, Newton  
**Features:** Playground, basketball court, bocce pitch, picnic area, BBQ, drinking fountain, fitness equipment

### 17 Spencer Street Reserve

**Location:** Spencer Street, Campbelltown  
**Features:** Fully enclosed park, playground, grass area, seating

### 18 Thorndon Park

**Location:** Hamilton Terrace, Paradise  
**Features:** Access for all playground, table tennis, liberty swing, chess, BBQ, picnic area, walking trails, wetlands, toilets

### 19 Unity Park

**Location:** Ballater Avenue, Campbelltown  
**Features:** Access for all fenced playground, basketball court, suitable for ball games, BBQ, picnic area, drinking fountain

### 20 Steve Woodcock and Foxfield Oval Reserves

**Location:** Maryvale Road, Athelstone  
**Features:** Soccer, tennis and cricket facilities, playground, toilets, picnic area, drinking fountain, creek

## Your pocket guide to outside

Getting outdoors is where the real adventure begins.

The map provides a selection of Campbelltown's parks, playgrounds and trails. It will give you all the details you need and for some inspiration, check out the list of 20 things to do with your kids.

## Give your kids an outdoor boost

Playing outdoors in nature is important for kids. It provides opportunities to:

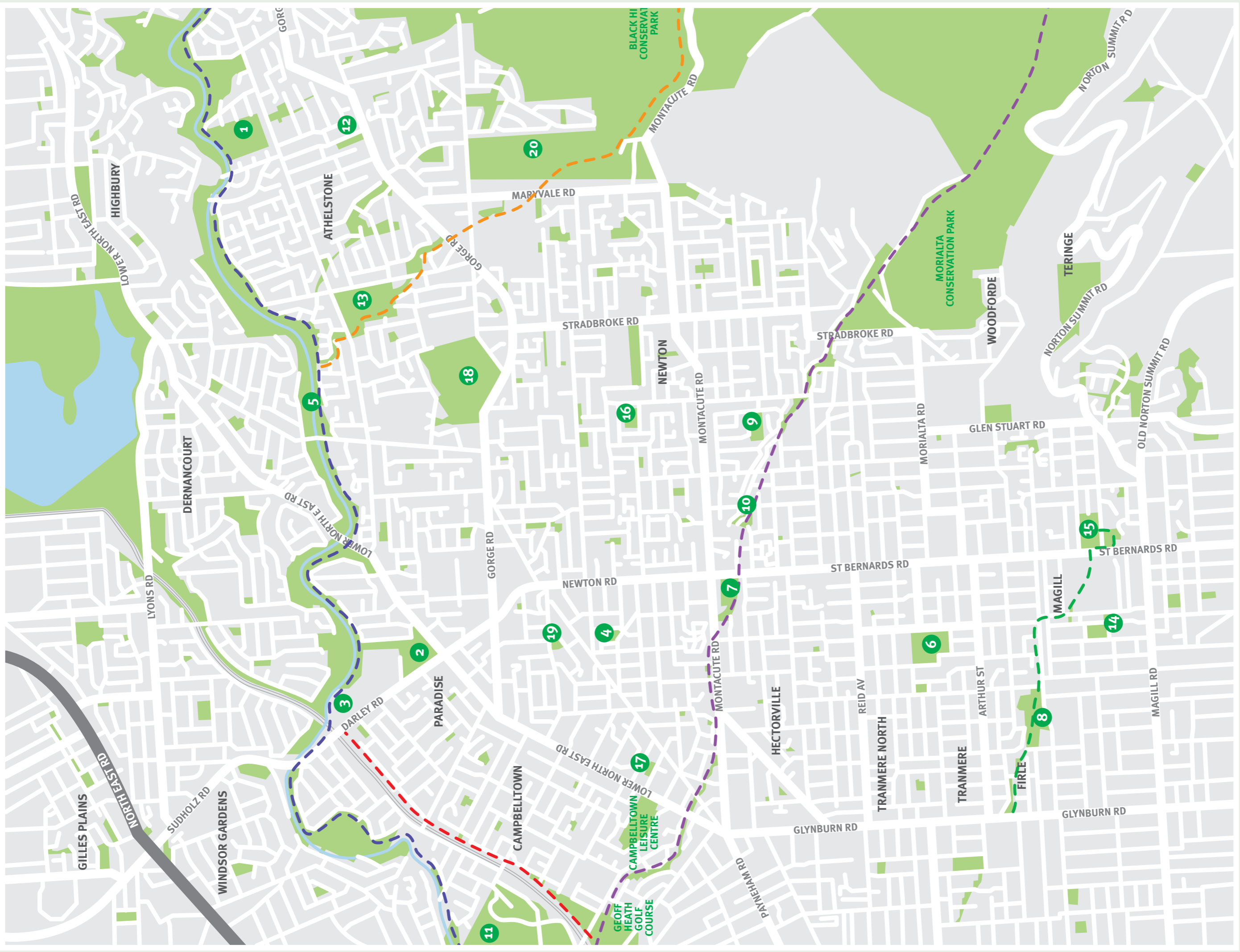
- connect with family
- experience independence and freedom
- get dirty and connect with nature
- teach values such as sharing, negotiation and team work
- be physically active
- develop their brains; improving learning, concentration, memory and sleep patterns.

Parents will also benefit, so get out with your kids and enjoy the great outdoors when you get the chance.

For more hints and tips about getting out and about see the OPAL 'Life looks brighter outside' brochure and visit [www.opal.sa.gov.au](http://www.opal.sa.gov.au).

## 20 things to do with your kids outdoors

1. Climb the Moreton Bay fig trees at Gurners reserve.
2. Build an outdoor cubby or tree house.
3. Wind your way through the trail at Nightingale Reserve.
4. Catch a yabby or tadpole in a creek – then release it.
5. Borrow "be active" equipment from the Campbelltown Toy Library and use at your local park.
6. Roll down a hill.
7. Picnic under the beautiful old trees at The Gums.
8. Make something with things you find at the park.
9. Discover great parks and places through Geocaching (Geocaching kits available at Campbelltown library).
10. Explore a dry creek bed.
11. Take your dog to the Denis Morrissey Four Paws Park.
12. Play "spotlight" (a night time game with torches).
13. Have a leaf race in the waterway at Thorndon Park.
14. Ride your bike on a dirt track.
15. Discover the Fourth Creek to Linear Park trail.
16. Fly a kite in an open space.
17. Use a magnifying glass to spot creatures under rocks.
18. Let your kids win a race around the track at Daly Oval.
19. Make a mud pie.
20. Cook a meal on the public BBQ while the kids play at Charlesworth Park.



**Campbelltown Trails**

- Linear Park Trail
- Third Creek Trail
- O-bahn Trail
- Fifth Creek Trail
- Fourth Creek Trail