



# 2019 YOUTH SURVEY





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### SURVEY

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## Snapshot of Campbelltown/ young people in Campbelltown

Campbelltown City Council is located in Adelaide's inner eastern suburbs - about 6 kilometers from the Adelaide GPO. Campbelltown City Council takes in the suburbs of Athelstone, Campbelltown, Hectorville, Magill (Part), Newton, Paradise, Rostrevor (Part) and Tranmere.

Campbelltown City Council has a population of 51,469 (ANS ERP 2018). Approximately 15.6% (7,836) of this population is aged 12-24, compared to 16.4% in Greater Adelaide. Campbelltown City Council saw a decline between 2011 and 2016 in this age group.

### Relevant places of interest:

#### Secondary Schooling

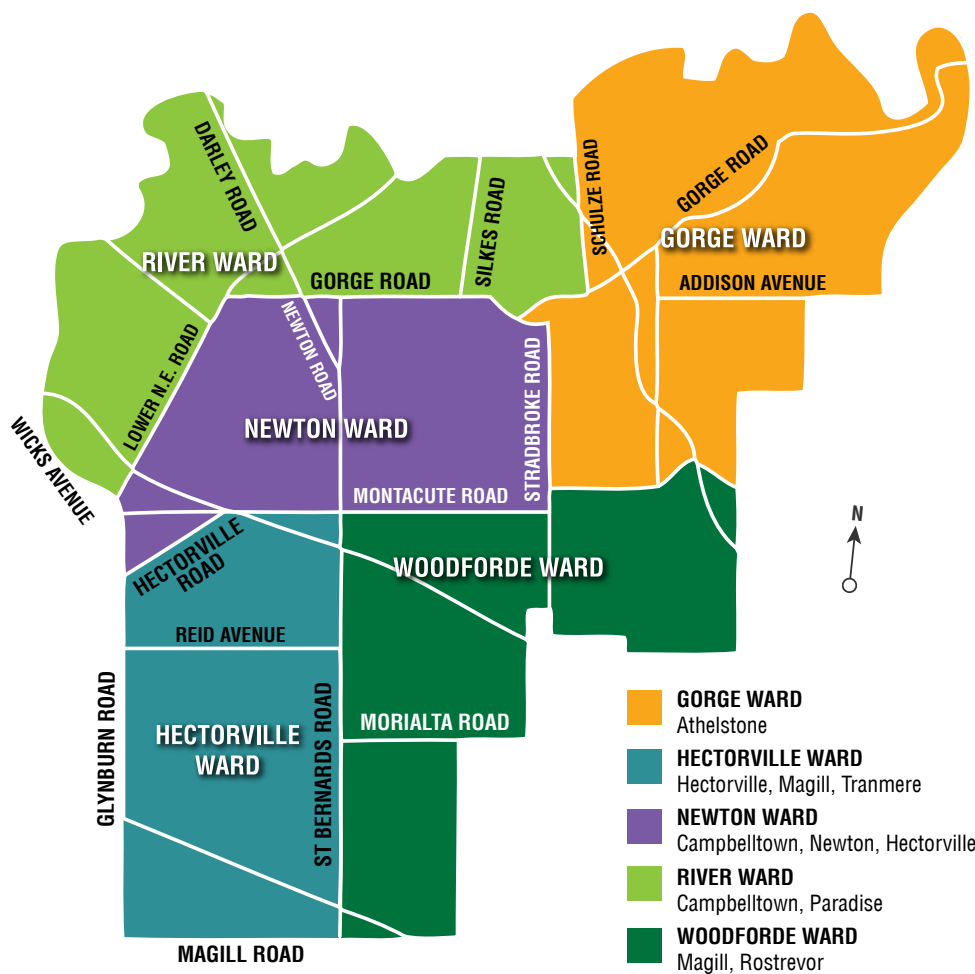
Charles Campbell College, East Adelaide Education Centre, Norwood Morialta High School (Middle Campus) and St Ignatius College are located within the Campbelltown City Council boundary, while Rostrevor College is located on the boundary.

#### Tertiary Study

The University of South Australia Magill Campus is located within the Campbelltown City Council area. Schools of teaching at this campus include Creative Industries, Education, Psychology, Social Work and Social Policy.

#### Other key places of interest

- Paradise Skate Park
- Paradise Interchange
- Campbelltown Library,
- The ARC Campbelltown
- There are a number of Sporting/ Recreation Groups, Clubs and Churches in the area



## Introduction

In 2019, 600 young people aged between 12 and 25 years of age participated in a survey for young people who live, work, study or play in the Campbelltown City Council area.

The survey was an initiative of the Campbelltown Youth Advisory Committee (YAC) and took into consideration identified gaps in our knowledge of young people in the area as well as the principles of Child Friendly Campbelltown and the ARACY Common Approach Wellbeing Wheel.

The survey was developed and tested in consultation with young people including Members of the Campbelltown YAC. A number of young people completed the draft survey and provided feedback before the survey was distributed more widely.

**There were a total of 46 questions in the survey broken into 7 main sections:**

- **About You (Q.2-6)**
- **Learning and Earning (Q.7-16)**
- **Wellbeing (Q.17-22)**
- **Relationships (Q.23-24)**
- **Material Basics (Q.25-29)**
- **Safety and Community (Q.30-40)**
- **Values and Future (Q.41-45)**

Participation in the survey was anonymous, voluntary and all questions were optional – participants were advised that they could skip questions or stop at any time if they felt uncomfortable or did not want to continue. Even considering this, most questions had a relatively high response rate.

**NOTE:** Due to the voluntary nature of the questions, there were a varying number of responses from question to question and where participants have not responded to a question, they are excluded from the data. For example, where a statement may be made in this report that 50% of respondents responded a certain way, if only 550 out of the 600 participants responded to that question, 50% in that instance represents 275 people, not 300.



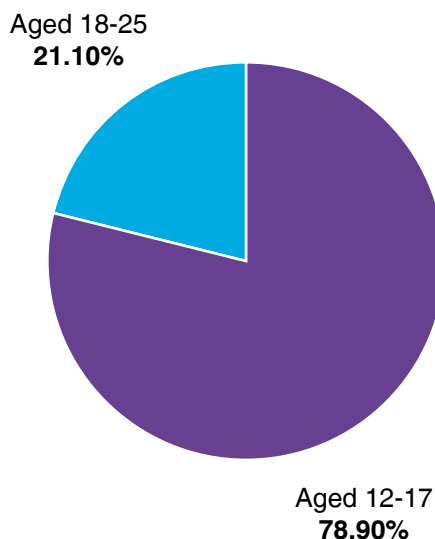
## About You

### (Demographics and connection to the Campbelltown City Council area)

#### Age

79% of respondents were under the age of 18 and 21% were 18 and over (582 responses)

Age	Number	Percentage
12	48	8.23%
13	70	12.01%
14	88	15.09%
15	90	15.44%
16	90	15.44%
17	74	12.69%
18	39	6.69%
19	10	1.72%
20	17	2.92%
21	13	2.23%
22	11	1.89%
23	10	1.72%
24	12	2.06%
25	11	1.89%
<b>TOTAL</b>	<b>583</b>	<b>100</b>



#### Gender

327 (54.7%) Female, 259 (43.4%) Male, 11 (1.84%) Undisclosed/ Other

#### Where born?

The majority of respondents (78.8%) were born in Australia, followed by India (5.7%), China (2.5%), Vietnam (1.7%) and Malaysia (1.2%).

Other responses included Afghanistan, Brazil, Colombia, England, Ethiopia, Hong Kong, Iran, Iraq, Ireland, Israel, Italy, Japan, Kenya, Korea, Lebanon, Pakistan, Peru, Philippines, Qatar, Russia, Singapore, South Africa, South Korea, Sri Lanka, Syria, Taiwan, Tanzania, Thailand, United Arab Emirates and United States of America.

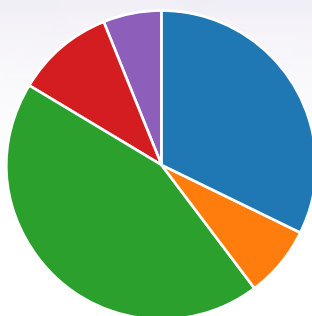
#### Connection to Campbelltown City Council area

The survey was open to young people who live, work, study or recreate in the Campbelltown City Council area.

While many ticked multiple boxes for this question, the responses show that for many young people, their lives are spread across different areas and not necessarily all based in the Campbelltown Council area – for example, many who live in the Campbelltown Council area report that they travel outside of Campbelltown to study or vice versa.

## How are you connected to the Campbelltown City Council area?

Live	269
Work	61
Study	366
Recreation	84
Other	50



## Suburb

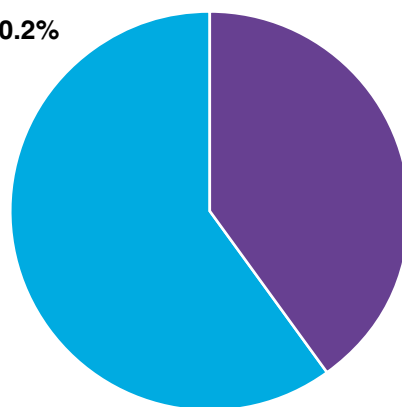
59.7% of those who responded to this question reported that they live in the Campbelltown City Council area (further broken down by suburb below). The next highest responses were City of Tea Tree Gully (15.1%), City of Port Adelaide Enfield (7.8%), City of Norwood Payneham St Peters (5.1%), City of Salisbury (4.6%) and City of Burnside (2%) – all of these with the exception of the City of Salisbury are Council areas that share a border with Campbelltown.

Other responses included Adelaide Hills Council, City of Adelaide, City of Charles Sturt, City of Mitcham, City of Playford, City of Prospect, City of Unley, Mount Barker District Council, Town of Gawler and Town of Walkerville.

Campbelltown Council Area	Number:
Athelstone	94
Campbelltown	62
Hectorville	18
Magill	36
Newton	34
Paradise	69
Rostrevor	25
Tranmere	14
<b>TOTAL</b>	<b>352</b>

Outside of the  
Campbelltown City  
Council Area – 237

40.2%



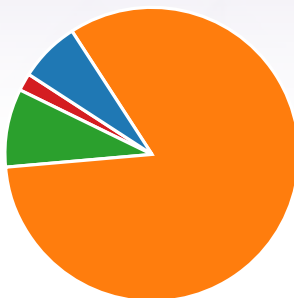
Campbelltown  
City Council  
area – 589  
59.8%

**TOTAL 589**

## Learning and Earning

### Current study commitments

Not studying	40
Studying full time	489
Studying part time	51
Taking a break from study	10



### Place of study

The majority of respondents to this question (87%) studied within the Council area, although this number may be skewed for both Norwood Morialta High School and UniSA respondents as they have multiple campuses. The remaining 13% study at a range of locations including the University of Adelaide, Flinders University, Mary Mackillop College, St Mary's College, Adelaide High School and Marryatville High School.

#### In the Council area:

Charles Campbell College	292
Norwood Morialta High School	31
St Ignatius College	103
Rostrevor College	7
UniSA	43
Adelaide East Education Centre	1

### Future plans

When asked about future plans after current study, a wide range of fields of interest were reflected in the responses, although following a pathway to attend university was by far the most common response. Common themes include:

- University (most common response)
- Get a job, be qualified in and pursue a career in chosen field
- Gap year, travel
- Not sure

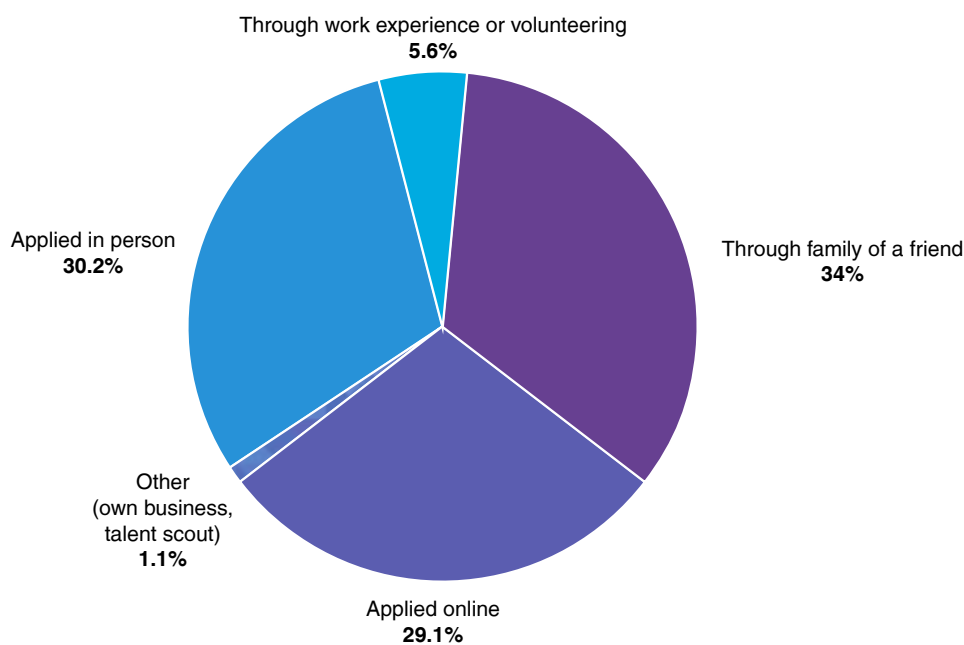


## First job

More than half of the participants (54%) reported that they had never had a job, although it is worth noting that this includes respondents under the age of 15 years who are less likely to have had work due to rules and guidelines around age of employment.

For those who had previously been or were currently employed, the most common method of getting their first job was through family or a friend (34%), followed closely by applying in person (30.2%) and applying online (29.1%).

## How did you get your first job?



## Paid work

For those of working age (15-25), more than half (53%) reported that they were either looking for work or have work but would like more work.

	Number	Percentage
Not looking for work	61	15.93%
Have work, happy with the amount of work I get	119	31.07%
Have work, but would like more work	81	21.15%
Looking for work	122	31.85%
<b>TOTAL:</b>	<b>383</b>	

## Is there anything that affects your ability to get paid work?

***“Trying to get a 99.95 ATAR”*** – Male, 16

***“The amount needed to spend on homework and the time taken to finish the job. Balancing the schedule is the toughest work I’ve done.”*** – Male, 18

***“Too many people applying for too few jobs”*** – Male, 16

***“My age, because I’m nearly an adult, I’ve been getting less shifts because I cost more”*** – Male, 17

***“My family doesn’t have any connections with businesses which is how most people I know got their jobs”*** – Female, 17

***“My age, experience, and severe lack of well paying entry level jobs. The most accessible entry level jobs require young people to work extreme hours for inadequate pay, making it difficult for those with strict studying/extra curricular schedules to find work”*** – Female, 18

***“From what I have seen, it is a never ending cycle of needing experience to gain experience.”*** – Female, 25

## Getting paid work

A good number of respondents reported that they did not feel that anything affected their ability to get a job – however it is worth noting that many who responded this way already had work or were not looking for work.

**When asked if there was anything that affected their ability to get paid work, some of the common themes in the responses included:**

- School and study commitments, including parental influence with parents wanting children to focus on studies and not permitting a job
- Time/ availability
- Age – either too young or too old
- Lack of experience/ qualifications
- Lack of available jobs
- Lack of jobs in the area/ close enough options, availability/diversity of jobs in SA
- Ability to get to/ from work
- Homework, sporting and extra-curricular commitments
- Mental health or health issues
- Disability
- Lack of experience – the catch 22 of ‘needing experience to gain experience’
- Low or poor job-getting skills such as interview skills, nerves, self-confidence
- Lack of motivation/ laziness
- Lack of connections – “who you know”

## Money and savings

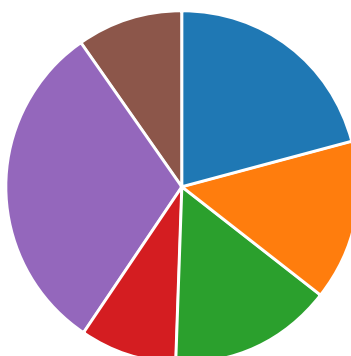
Are young people saving? The respondents say yes – almost three quarters (**73.84%**) reported that they had savings put aside.

The most common response was that respondents were saving ‘just because’, with saving for a car being the next most popular reason to be putting their money aside. Most reported that they were saving for more than one thing.

	Number	Percentage
No - but would like to	112	19.28%
No - but not thinking about saving at the moment	40	6.88%
Yes	429	73.84%
<b>Overall</b>	<b>581</b>	

## What are you saving for?

● Car	179
● House deposit	127
● Holiday or travel	129
● Major purchase	77
● Just because	265
● Other	82



In response to the question ‘Do you ever feel concerned or worried about money?’ respondents reported an average score of **5.92** out of 10, with 1 being frequently and 10 being never.

Those who did not have savings but weren’t thinking about saving at the moment were significantly less likely to feel concerned or worry about money, reporting a much higher average score of **8.26**.

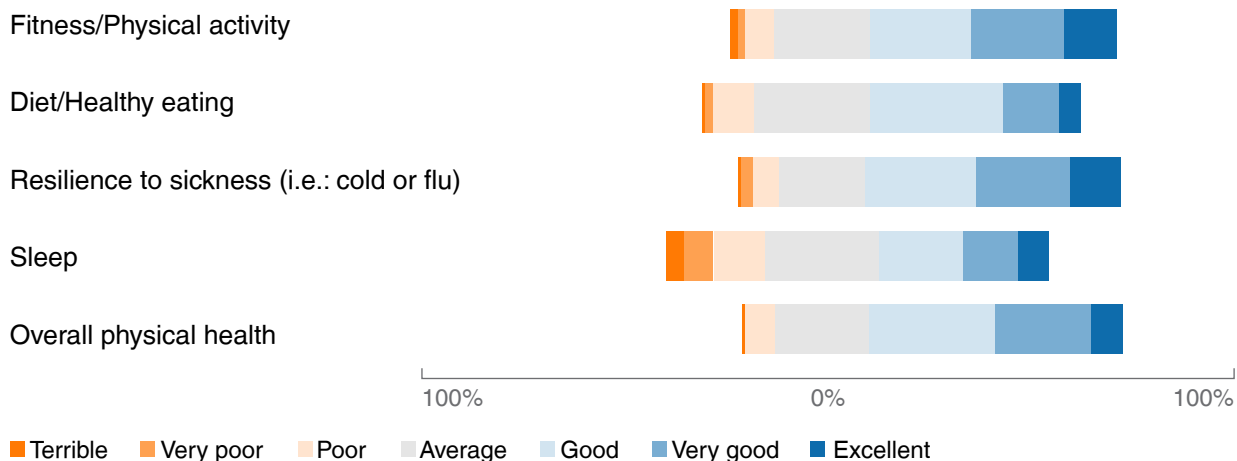
Those under 18 were less likely to be concerned about money with an average score of **6.28**. For those aged 18 and over, the average drops to **4.78**, indicating that those over 18 years of age are much more likely to be feeling the pressure of having enough money and managing their finances.

## Wellbeing

### Physical health

Overall respondents reported feeling that they had relatively good physical health with the majority scoring 'Average' or higher in all areas. The area which reported the lowest levels was 'Sleep' with **26.2%** of respondents reporting their Sleep as Poor, Very Poor or Terrible.

#### In general, how would you rate your PHYSICAL health in the following areas?



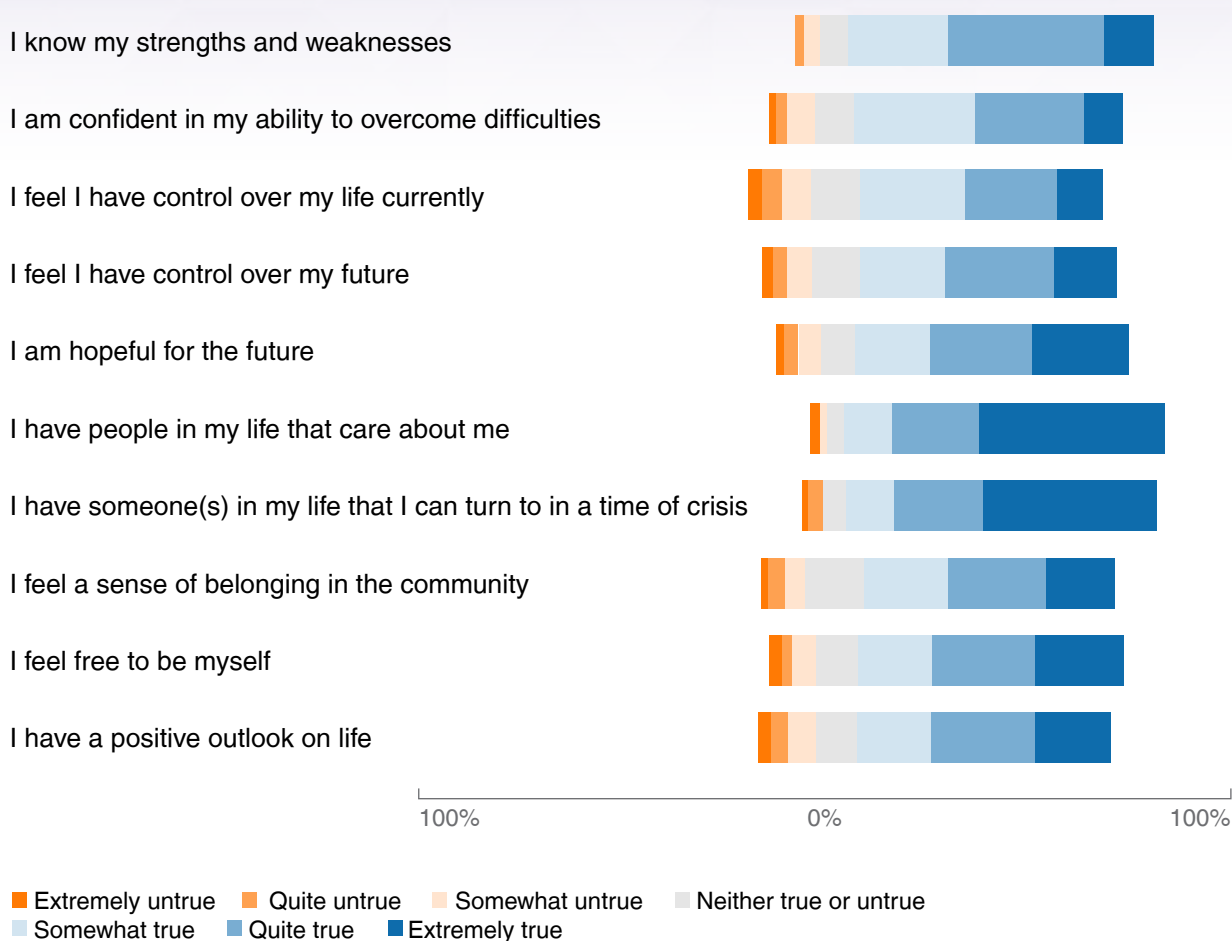
### Mental and emotional wellbeing

When asked 'How happy are you with your life as a whole?', respondents reported an average score of **7.2** out of 10 with 1 being 'Not at all Happy' and 10 'Very Happy'.

When asked to respond to a range of statements relating to themselves, how they feel about their lives now and in the future as well as relationships, the majority of respondents reported fairly high levels of confidence in the statements overall.



## Please indicate how you feel about the following statements:



## Coping with stress

### In the past year:

- 20% of respondents experienced few or no serious or stressful problems or issues
- 37.5% experienced some problems but felt they could manage
- 29% experienced some problems and did get help to manage them
- 14.5% had some problems but DID NOT seek help, even though they thought they needed help

On a scale of 1 to 10, with 1 being 'Very Poor' and 10 'Very Good', respondents reported an average score of **6.22** for their ability to cope with stress.

## What helps de-stress?

When it comes to managing stress and methods to de-stress, respondents reported a wide range of methods that they use to help cope with or tackle their stress. Common themes included:

- Talking to family, friends, others
- Taking a break, being alone
- Distract self, focus on something else
- Self-encouragement, focus on something positive
- Relaxing, deep breaths
- Listening to music
- Sleeping, taking a nap or rest
- Video games, Netflix, TV shows, YouTube, Internet
- Exercise, physical activity, sport
- Nature, spending time outdoors
- Creative activities – playing an instrument, creating/editing videos
- Reading
- Food – cooking, baking, eating
- Cry
- Solve the problem, focus, don't procrastinate, complete the task

# Relationships

## Support and seeking help

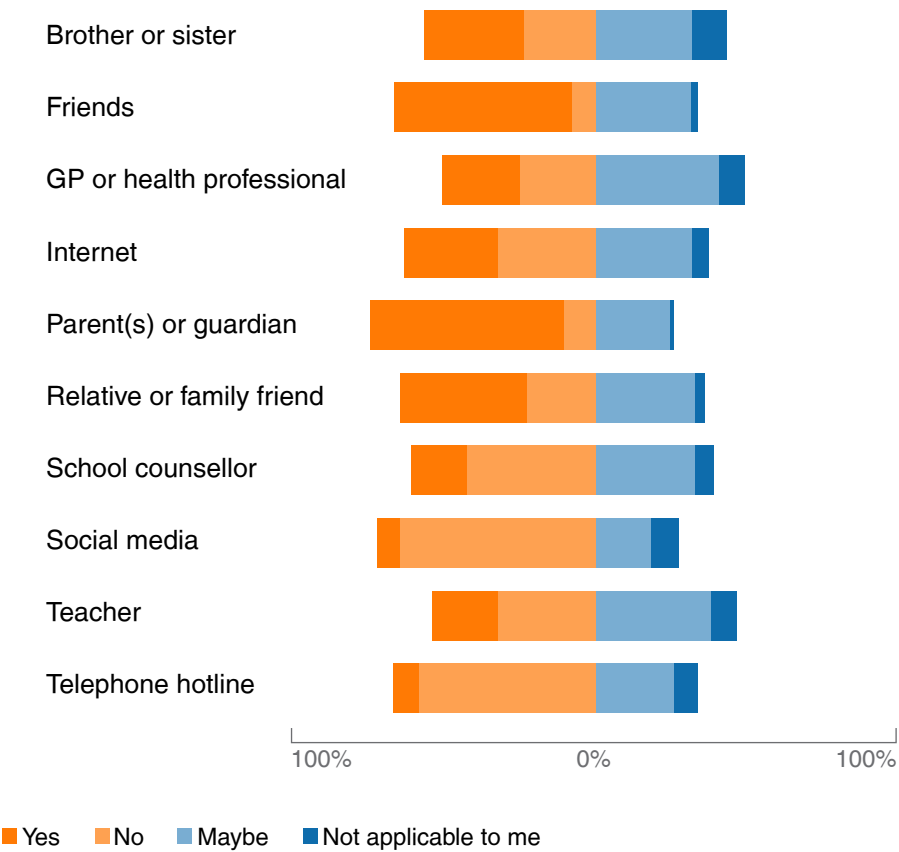
73% of respondents reported having sought help when stressed or overwhelmed, with 66% of those respondents seeking help from friends, family or someone they knew. 7% reported accessing a health professional (GP, counselor, online, helpline etc.).

14.5% reported NOT seeking help when experiencing stressful problems/ issues in the last year, even though they thought they needed help

When seeking help for important issues in their life, 57.5% reported that they would NOT access a telephone hotline and 64.5% would not access social media. 41.9% would not consider speaking to a school counselor.

Family and Friends were the most likely source of help in these situations with 64% reporting that they would speak to a parent/guardian and 59.8% would speak to a friend.

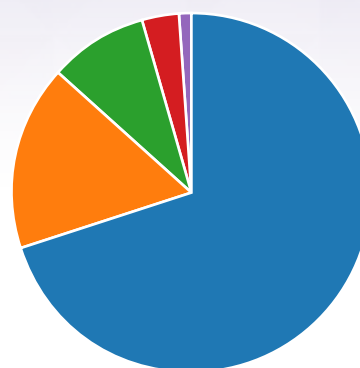
## Which of the following would you go to for help with important issues in your life?



## Material Basics

### Current living situation:

- Living at home with both parents **67%**
- Living at home in a single parent household **15.8%**
- Living at home, moving between separated parent households **8.7%**
- Renting **3%**
- Own their own home **1%**



Other responses included homestay or living with a relative.

### How many homes have you lived in?

1 (I still live in childhood home)	146	25%
2-3	240	41.1%
4-5	107	18.3%
6-9	58	9.9%
10 or more	21	3.6%
Unsure	12	2%

Two-thirds of all respondents (66%) had lived in three or less homes in their lifetime, with 25% reporting that they have only lived in one home.

For those who were born overseas and moved to Australia, more than half (53%) reported having lived in three or less homes.

When considering only those aged 18 or over, the number reporting having lived in three or less homes in their lifetime decreases to 42.5%, with just 3.3% still living in their first home.

For those who had moved homes, the most common response for why they had moved was around the family needing more space so moving to a larger home, followed by moving from a rented property (end of lease etc.). Other common themes included

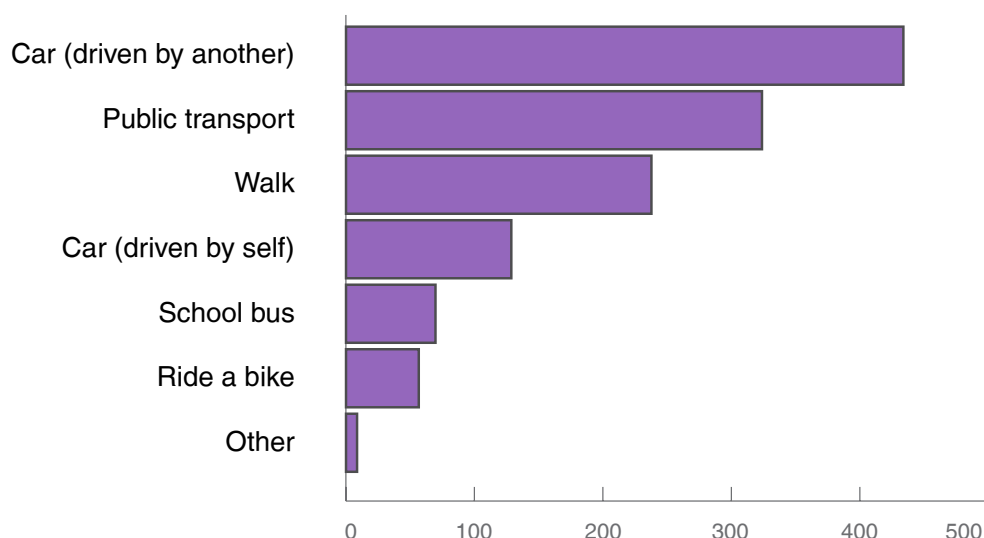
- Move to a better area and/or house upgrade
- Divorce or separation, family/relationship breakdowns
- Parent's work
- Closer to school/ moving to better school or school zones
- Money
- Moved country
- Moving out of home or in with a partner
- Domestic violence or feeling unsafe

## How do young people get around on a day-to-day basis?

The most common form of transport for respondents was by a car that was driven by another person with 74% reporting this as a regular form of transport. Public transport also scored highly with 55% stating that they use public transport to get around on a day-to-day basis.

Those under the age of 18 were much more likely to rely on being driven by another person as a main form of transport with around 83% of under 18's selecting 'Car (driven by another)' compared to 43% of those over the age of 18.

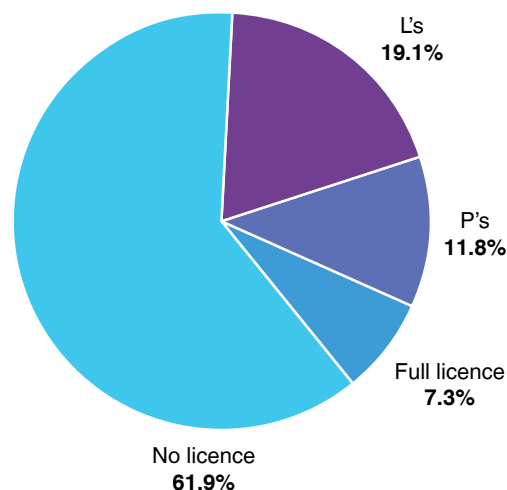
## How do young people get around on a day-to-day basis?



## Driver's licence

61.9% of respondents reported having no license at all, however it is worth taking into consideration the age in which young people can apply for a Driver's Licence in South Australia is 16 years.

If those under the age of 16 years are excluded the number with no licence at all drops to 26% with approximately 74% of respondents aged 16 years or over reporting holding some form of Driver's Licence.



## Safety and Community

### Out and about – where do young people go?

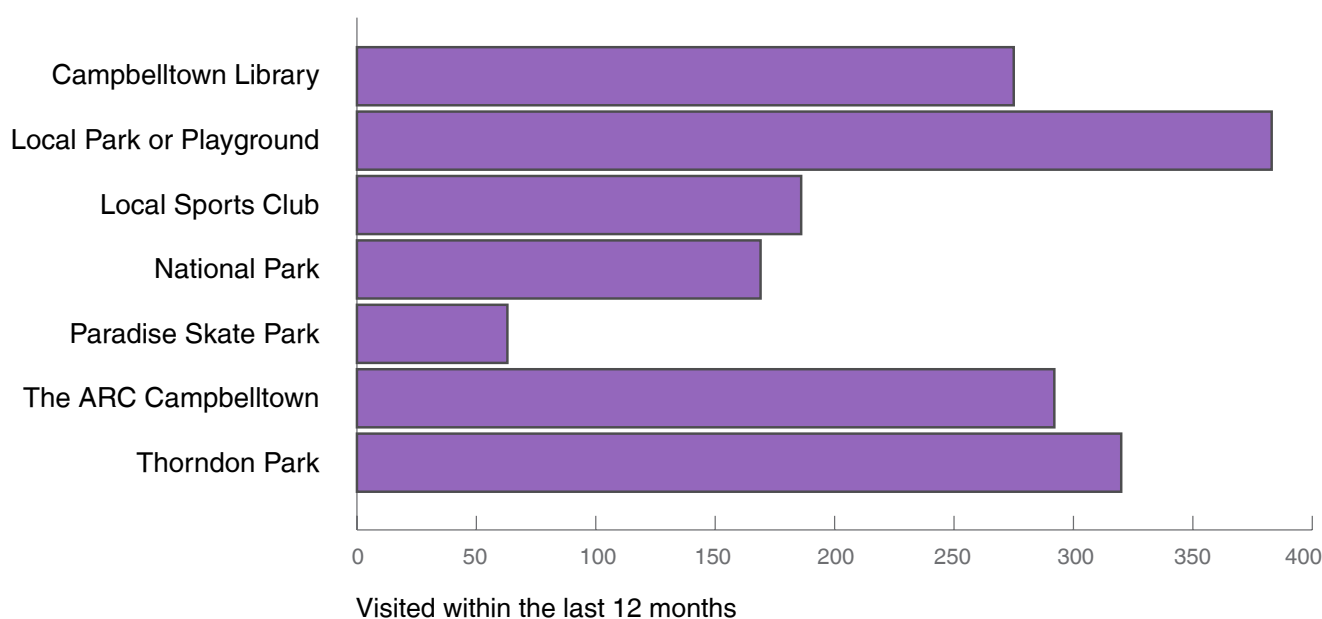
Many young people travel outside of the Campbelltown City Council area when socializing or spending time with friends.

#### Top responses include:

- The City / Rundle Mall
- Norwood Parade
- Tea Tree Plaza
- Home or a Friend's House
- Parks / Open Spaces
- Shops, Cafés, Cinema or Restaurants

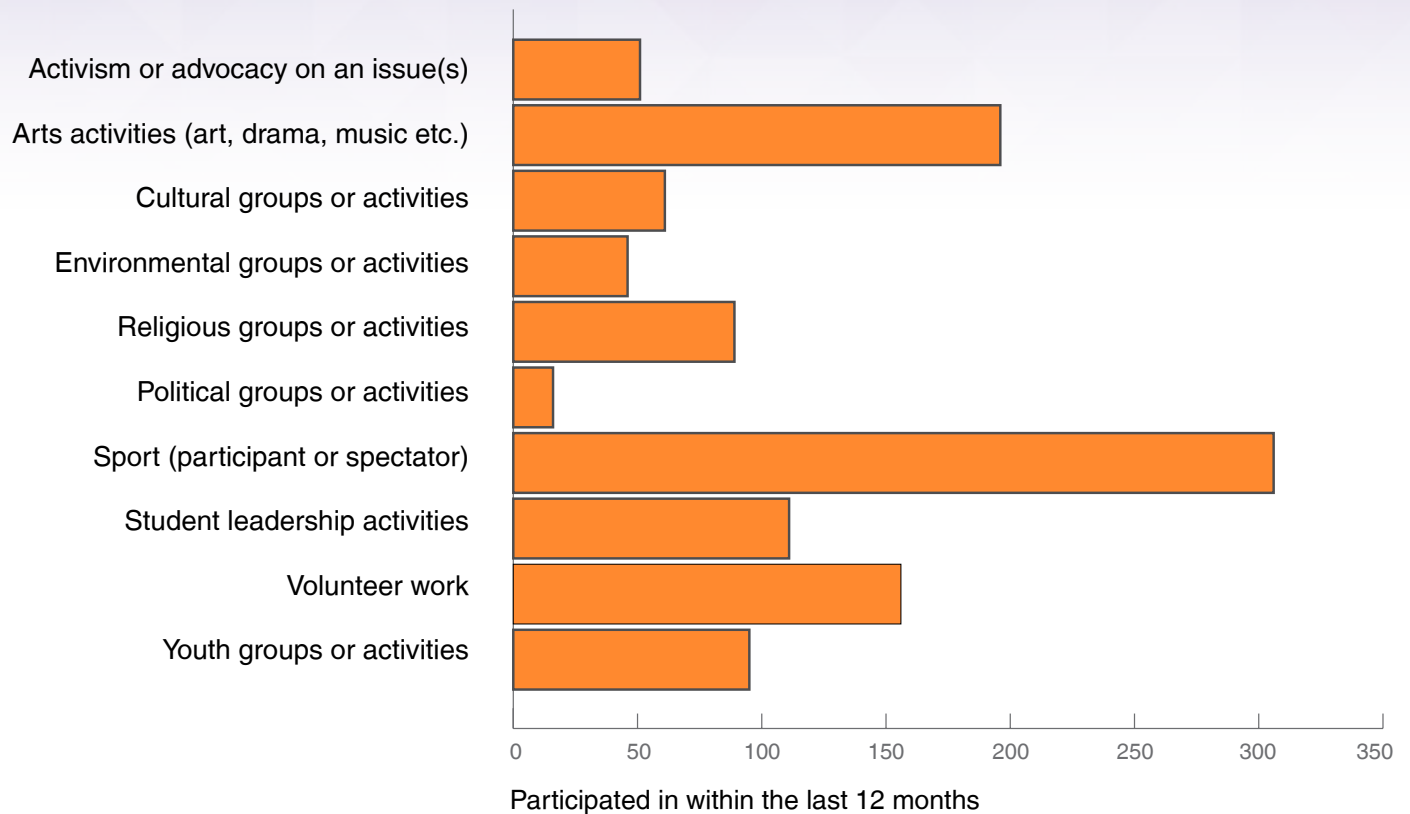
Not including parks, less than 10% of respondents specifically named a local place or space within the City of Campbelltown in which they would spend time with friends. By comparison, close to 25% of respondents specifically mentioned Tea Tree Plaza with the same number again identifying the City / Rundle Mall as a common destination for socializing or spending time with friends. A significant number would also visit Norwood Parade.

### Local places and spaces:



Despite less than 10% of respondents naming a specific local place or space where they would recreate with friends, numbers were quite high for respondents having visited local places and spaces within the last 12 months – 383 young people reported having visited a local park or playground, 320 had visited Thorndon Park while 292 and 275 had visited The ARC Campbelltown or Campbelltown Library respectively.

## Recreational activities



Extra-curricular activities such as sport, arts, student leadership and volunteer work ranked highly for our respondents.

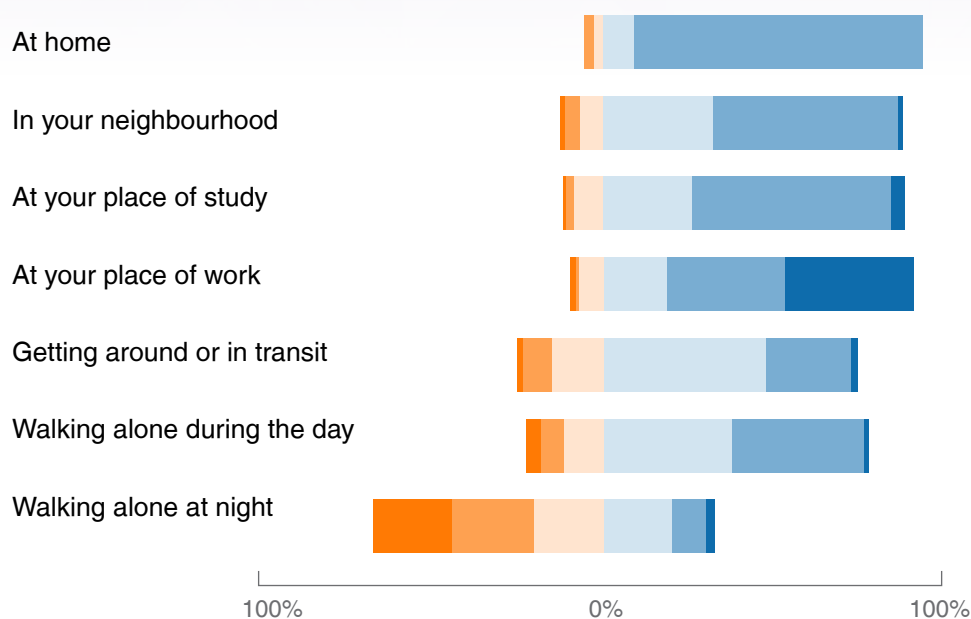
482 young people responded to this question, representing approximately 80% of the overall survey respondents. As no option was included for 'other' or 'none of the above', it is possible to assume that a number of the remaining 20% did not respond to this question due to having not participated in any of the listed activities or having extra-curricular interests outside of the activities listed.



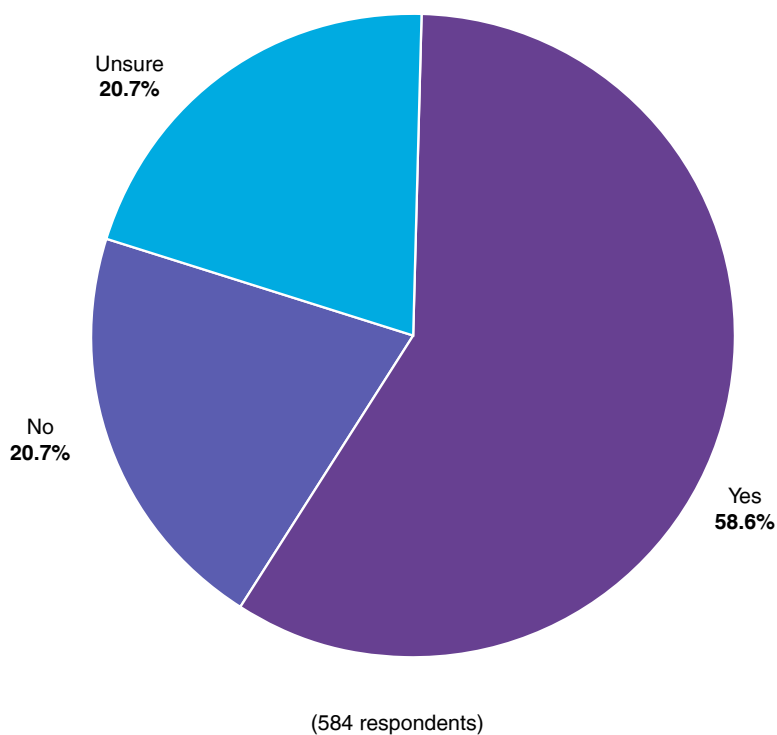
## Safety

### How safe/ unsafe do you feel?

■ Very unsafe
 ■ Somewhat unsafe
 ■ Neither safe nor unsafe
 ■ Somewhat safe
 ■ Very safe
 ■ Unsure/not applicable



### Have you ever felt unsafe in a public place?



Women were much more likely to have felt unsafe in a public place with 67.4% of young women reporting they had felt unsafe in a public place compared to 47% of young men.

## What causes you to feel unsafe?

***“As a female, walking around at night is a stressful time”***

– Female, 18

***“I have been catcalled and approached by very unsettling men.”***

– Female, 14

***“I was a victim of attempted robbery in my car last year, sometimes I still feel on edge when I get a bad feeling about people if I’m alone”***

– Female, 18

***“People are not always trust worthy, I am small and there are a lot of people who can harm me, I have learnt self-defence but that might not always work”***

– Female, 17

***“Streets around my area and Paradise in general DON’T have enough lighting to suit the street/area’s requirement.”***

– Male, 18

***“When I was 18 I went out for drinks with a friend, got followed by a group of men who were yelling out to us, when we didn’t respond as we were just trying to get home, they got aggressive and started name calling and verbally abusing us. Has happened commonly since if I ever go out to town, even if sober, therefore I tend to avoid it”***

– Female, 21

### Common themes:

- Being alone
- Other people – groups, strangers, people staring, crowds
- Unknown areas
- Darkness – areas with poor lighting/ dimly lit, especially at night
- Dodgy people, people on drugs or drunk, antisocial behaviour
- People with mental health issues
- Being female, creepy men
- Discrimination, racism, homophobia
- Being followed or a feeling of being followed
- Interchanges, buses, public transport
- Violence or aggression

## What do young people know about Council?

In response to the question ‘How much do you feel you know about what Council does?’ and on a scale of 1 to 10, with 1 being ‘Very Little’ and 10 ‘Quite a lot’, respondents reported an average score of **4.42**.

Participants were also asked to name 3 things they thought Council was responsible for and common responses included:

- Bins/ rubbish removal
- Keeping the area clean
- Maintenance of trees, lawns and parks
- Safety
- Resolving issues or disputes
- Roads and footpaths
- Community including community groups, gatherings
- Pets including dog registration
- Facilities including The ARC and Library
- I don’t know/ unsure

## Campbelltown: Likes and Dislikes

### What do you like most about Campbelltown?

***“Has lots of trees please stop knocking down big houses and making 1000 little houses in them I am scared what it is going to look like when I’m an adult.”*** – Male, 12 years

***“How it’s growing to be a more modern area but still has a lot of different cultures.”*** – Female, 13 years

***“I feel very safe when in the community and there are lots of outdoor areas to use and explore.”*** – Male, 13 years

***“I like the ARC, the library and various other venues and parks. Altogether, it is a beautiful area.”***  
– Female, 14 years

***“Although Campbelltown lacks certain facilities that other suburbs have (such as bowling alleys), I feel as though the particular theme and style with which it chooses to offer facilities gives Campbelltown a pleasant aesthetic which can’t be found in many other places, and in which I would like to live for the rest of my foreseeable life.”*** – Male, 16 years

***“I love Athelstone and would love to own a house there soon as it’s a beautiful area surrounded by lovely neighbours”*** – Female, 21 years

#### Common themes:

- Parks and the natural environment
- Campbelltown Library
- Community
- Culture
- The ARC Campbelltown
- People
- Aesthetics of the area
- Nice and friendly
- Cleanliness
- Safe

### What do you like least about Campbelltown?

***“That the playgrounds don’t have things for bigger kids.”*** – Female, 13 years

***“They do not have an updated skate park.”*** – Male, 15 years

***“It’s lack of ‘social hubs’ for teenagers for example a shopping centre or little trendy restaurants.”***  
– Female, 16 years

***“It’s far away from the city and not enough buses come through (especially in Athelstone!)”*** – Female, 18 years

***“The constant in-house development with houses that have no character and look awful.”*** – Male, 18 years

***“Streets are a little dark at night so I get scared to walk alone at night.”*** – Female, 25 years

#### Common themes:

- Urban infill
- Traffic
- Roadworks
- Condition of roads
- Public transport (lack of)
- Too far from the city
- Lack of entertainment or things to do
- Open hours of facilities such as Campbelltown Library
- Affordability
- Safety (mainly street lighting)

### Young people and YAC

Around 60% of respondents reported that they had not heard of the Campbelltown Youth Advisory Committee (YAC) or participated in a Campbelltown City Council youth event/program prior to completing the Youth Survey.

For those who had heard of YAC or reported having participated in Council’s youth events/ programs, common responses included:

- Received a Study Relief Pack
- Have attended events/ programs including Movies in the Park, ‘How to Adult’ or Activate Campbelltown programs
- Know someone on the YAC
- Have heard of through school or friends
- Have heard of but not participated

## Values and Future

### What do you like MOST about being a young person?

#### Common themes:

- Freedom
- Physical advantages of youth – being physically healthy, fit, having energy and longer to live
- Less responsibilities
- Less financial burden
- Being looked after – having parents/ adults in life who offer protection/ guidance

#### Quotes:

***“The ability to not worry about bills and sustaining my life and not having as much stress as adults”***

– Male, 13 years

***“That rewarding feeling of being independent and being able to go places and do things by yourself, it’d get a bit ho-hum after a while but as a young person it is really rewarding”*** – Female, 16 years

***“Energy! Time! Freedom and lack of responsibilities. It’s ok to stuff up or take a nap.”*** – Male, 18 years

***“The future is ours, we have the ability to change everything we’re not keen about. A decrease in plastic straws wouldn’t have happened if it weren’t for this generation!”*** – Female, 19 years

### What do you like LEAST about being a young person?

#### Common themes:

- Not being taken seriously or listened to
- Unable to participate in decision-making
- Restrictions and limitations, lack of freedom
- Lack of income, jobs
- Uncertainty or stress about future
- School, homework

#### Quotes:

***“Not being able to go anywhere by myself and being held at home by my parents. I’d prefer to go and explore the world by myself than be trapped here.”*** – Female, 14 years

***“Having to attend school where we learn things that have nothing to do with our future. I know how to do Pythagoras Theorem but don’t know how to pay taxes.”*** – Female, 15 years

***“People assume we don’t have as much knowledge about what goes on in the community and hardly acknowledge our opinions.”*** – Female, 16 years

***“Fearing for the future - climate change, unstable political climate - and feeling frustrated with how older generations are handling certain issues.”*** – Female, 17 years

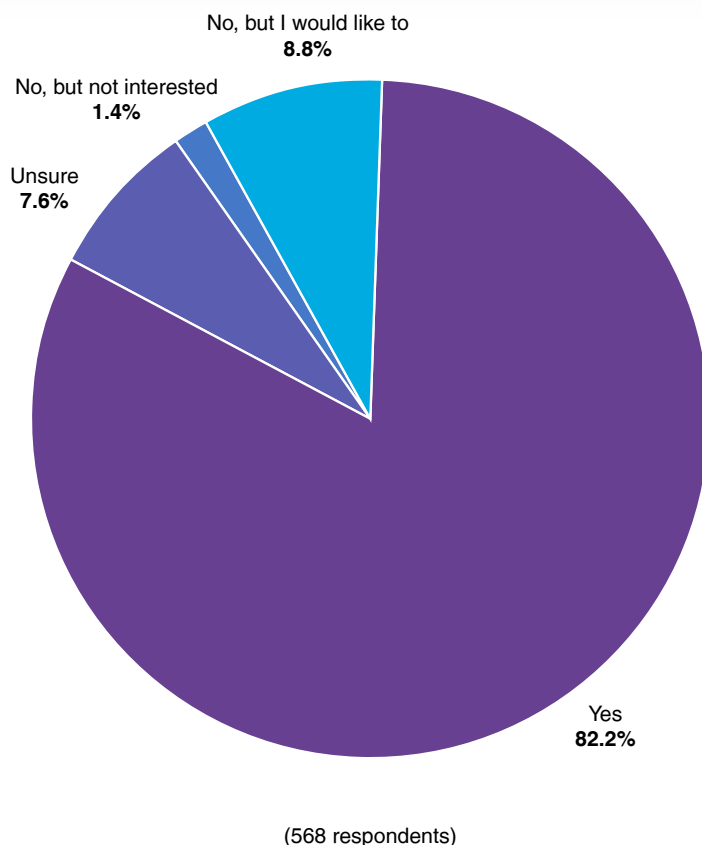
***“The pressure and responsibility put upon us in deciding on what we want to do in life.”*** – Male, 18 years

***“The fact that older generations assume we are all lazy and spoilt, even though nearly everyone I know works 2-3 jobs and studies as well as lives out of home and pays for all of their necessities, and struggles to do so with how expensive homes are these days”*** – Female, 21 years

## Owning a home

The majority of respondents were optimistic about the idea of owning their own home with 82.2% reporting that they felt that they would own a home in their lifetime.

### Do you think you will ever own a home your lifetime?



### Top issues young people are facing:

***"Year 7's are worrying about high school and friend relationships."*** – Female, 12 years

***"The weight of having to be the generation that has to fix the world."*** – Male, 14 years

***"I feel social media is one of the biggest issues of the young people's generations nowadays. It can be so damaging to people's lives, and have huge effects on their mental and physical health."***  
– Female, 14 years

***"The quality of relationships and social connections. Now that everyone has a phone people are less likely to have real face to face conversations and feel more comfortable talking behind a screen."*** – Female, 16 years

***"Not being listened to even when our ideas could solve many local and worldwide problems."*** – Male, 16 years

***"All these bad things are happening in the world and every day we are told we need to be the generation that fixes everything. That's a lot of pressure. We have too much pressure to succeed."*** – Female, 16 years

***"Their voices not being heard by leaders such as politicians."*** – Male, 17 years

***"Education funding cuts / declining job market especially in Adelaide – a lot of young people I know have had to move interstate or overseas to get a job in their field after uni"*** – Female, 21 years

While there were a broad range of responses to the question ‘What are the top issues you feel young people are facing currently?’, concerns around Social Media, Mental Health and Climate Change/ Environmental Issues were particularly prevalent.

#### **Top themes:**

- Social Media  
(including cyber bullying, addiction, scams, influence)
- Mental Health and Wellbeing  
(including stress, depression, anxiety, suicide)
- Climate Change, global warming, environment
- Housing affordability / ability to enter the housing market
- Politics  
(including political instability, uncertainty, issues, lack of voice/ influence, perception that older generations do not think about young people/ the future and fear of inheriting political issues)
- Finance and money issues  
(including study debt, cost of living, economy etc.)
- Employment  
(including job security, unemployment, underemployment, job availability)
- Young people having a voice/ being taken seriously

#### **Other common themes:**

- Peer pressure
- Technology addiction
- Bullying
- Body image
- Education (including study stress, workload, staying in school, getting a good education, pressure to succeed)
- Divorce or separation (parents)
- Having meaningful, real world relationships
- Health and fitness
- Discrimination/ acceptance within the Community (including race, culture, LGBTQIA+)
- Identity
- Drugs and alcohol

### **What do young people need assistance in?**

Overwhelmingly, **Mental Health and Wellbeing** was the top area that respondents felt young people needed assistance in with **35-40%** of respondents referencing mental health in some way.

#### **Other common themes included:**

- Finance
- Life Skills
- Future Decision Making
- Identity
- Social Skills
- School/ Study
- Bullying
- Environment
- Careers/ Getting a Job

# THANK YOU!

Campbelltown City Council and the Campbelltown Youth Advisory Committee would like to thank the 600 young people who took the time to complete the 2019 Campbelltown Youth Survey – the responses and feedback received has been invaluable and will help to shape the work that Campbelltown City Council and the Youth Advisory Committee (YAC) does in the future.

**For more information or to stay up to date, you can follow us on social media or get in touch:**

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 [www.facebook.com/CampbelltownYouth](https://www.facebook.com/CampbelltownYouth)

 [www.instagram.com/campbelltownyouth/](https://www.instagram.com/campbelltownyouth/)

***“I quite enjoy living in this area and will probably continue living here all my life.”*** – Male, 17 years

***“I think that the current youth are stronger, smarter, and more educated than people realise. We have the ability to change the direction that the world is heading in, to a better, more accepting, loving and sustainable life.”*** – Female, 18 years

***“I really love that Campbelltown Council considers and values young people and give them the opportunity to be heard.”*** – Female, 23

## Reference list

**ARACY (Australian Research Alliance for Children and Youth)**

[www.aracy.org.au/the-nest-in-action/the-common-approach](http://www.aracy.org.au/the-nest-in-action/the-common-approach)

**Report Card 2018: The Wellbeing of Young Australians**

[www.aracy.org.au/documents/item/560](http://www.aracy.org.au/documents/item/560)

**Profile ID: Campbelltown City Council community profile**

<https://profile.id.com.au/campbelltown-sa>

