Practical Support Guide

This guide is designed to link you with information and services across a range of topics such as budget support, legal advice and services, counselling services, no interest loan schemes, grief and loss support, palliative care support and Council information and services.

Budget Support

Uniting Communities

The Uniting Communities team offer free financial counselling every second Tuesday at the Campbelltown Library, 9.30am - 4pm:

171 Montacute Road Newton
Call **1800 615 677** to make an appointment

www.unitingcommunities.org/service/financial-and-energy-services

See the Financial Support Guide for further information.

No Interest Loan Schemes for Low Income

The Salvation Army

Access no interest loans up to $2,000 for essentials and up to $3,000 for housing-related expenses.
08 8223 7776

www.salvationarmy.org.au/need-help/financial-assistance/no-interest-loan-scheme

Free Legal Advice

Community Legal Centres (SA)

General legal advice for most Civil, community, family law and minor criminal matters.
Call **1300 860 529** or visit the website to access the free legal directory.
www.clcsa.org.au/generalist-law

Uniting Communities

Free legal support to help you with a range of matters.
08 8202 5960
www.unitingcommunities.org/service/legal-services

Women's Legal Service (SA)

Free and confidential legal advice, assistance, referrals and representation.

The free Legal Information Line operates Monday, Tuesday, Thursday and Friday:
10 am – 4 pm
Phone: **08 8231 8929**
Free Call: **1800 816 349**
www.wlssa.org.au

Legal Services Commission South Australia

Legal Helpline: Mon-Fri 9am – 4.30pm
1300 366 424
www.lsc.sa.gov.au/cb_pages/legal_advice.php

Grief and Loss Support

Grief Support Group – Campbelltown Library

A gentle and respectful space where you can be with others, listening or sharing thoughts, feelings, and experiences of loss and grief. The facilitator of the group is Therese Gates, a qualified grief counsellor who lives locally and has experienced, worked and volunteered in the area of loss and grief for over 25 years.

Campbelltown Library
171 Montacute Rd, Newton
08 8366 9299
library@campbelltown.sa.gov.au

Anglicare SA

AnglicareSA provides a range of loss and grief support services, including children's grief counselling, support groups, and specialized grief camps.
www.anglicaresa.com.au/support/loss-grief

Griefline

Australia's national grief and loss support hub.

Helpline – 8am – 8pm, 7 days
1300 845 745
griefline.org.au

Women's and Children's Hospital – Grief Resources

The Women's and Children's Hospital offers grief resources and recommends seeking advice from health professionals, such as your General Practitioner (GP), when grief becomes a concern.
www.wch.sa.gov.au/patients-visitors/children/support-for-parents-carers/grief-support/grief-resources

Palliative Care

Palliative Care Connect

The Palliative Care Connect Directory is a database of palliative care and bereavement services and resources.

www.palliativecareconnect.com.au/Directory-of-services

Counselling

Relationships Australia

Relationships Australia South Australia (RASA) offers a comprehensive range of counselling services tailored to support individuals, couples, and families facing various challenges.

1300 364 277
www.rasa.org.au

Uniting Communities

Uniting Communities offers personal and family counselling.

08 8202 5200
www.unitingcommunities.org/service/counselling/personal-and-family-counselling

Anglicare SA

Anglicare SA offers free counselling for individuals, children, couples or families.

08 8305 9200
www.anglicaresa.com.au

Neighbourly Issues

Disputes between neighbours are civil matters and are dealt with by the Legal Services Commission. For more information and links to services visit Council's website:

www.campbelltown.sa.gov.au/residents/neighbourly-issues

Campbelltown City Council

Community Bus

Campbelltown City Council offers a free door to door service for all residents.

www.campbelltown.sa.gov.au/community/community-services/community-bus

Staying Active and Connected

Our community has a variety of social and interest groups, activities and sports clubs that can help people stay active, connected, and joyful.

Staying Active in Campbelltown Guide:

www.campbelltown.sa.gov.au/community/community-services/ageing

Staying Connected in Campbelltown Guide:

www.campbelltown.sa.gov.au/community/community-services/ageing

For information for people aged 65 and over, please see the Ageing Services Guide

For information relating to food support, please see the Community Food Guide.