

Youth Services Guide

Campbelltown City Council is committed to providing a community where young people are valued and their wellbeing is supported. We understand that sometimes it can be difficult to find the right information or know where to start. This guide is designed to help young people and those caring for young people to connect with the appropriate information, services and support they need.

Local High Schools

- Charles Campbell College
- St Ignatius College
- Morialta High School
- Adelaide East Education Centre

Learning to Drive

The 'My Licence' government website provides information about:

- getting your L's
- The Driver's Handbook
- offences and penalties
- licence fees
- links for quizzes and tests including Road Rules Quiz, Hazard Perception Test and Practice Learner's Theory Test

www.mylicence.sa.gov.au

Sport and Recreation

To find local sport and recreation clubs, visit:

www.campbelltown.sa.gov.au/experience/sport-and-recreation/local-sport-and-recreation-clubs

Mental Health

Headspace

Headspace is Australia's National Youth Mental Health Foundation, providing early intervention mental health services to 12-25 year olds.

1800 063 267

headspace.org.au

Please also see the Mental Health Services Guide.

Parenting Support

ReachOut

Free support for parents of teens

parents.au.reachout.com

Raising Children

Parent support regarding pre-teens and teens

www.raisingchildren.net.au

Relationships Australia

Achieving positive and respectful relationships

www.relationships.org.au

Getting a Job

Here are some tips for getting your first job:

- Prepare your resume
- It's often who you know so let your family and friends know you're looking
- Directly approach employers by dropping in your resume and enquiring about jobs

Maxima Campbelltown

Maxima's Campbelltown location offers Youth Employment programs to assist young people in securing employment.

636 Lower North East Road, Campbelltown
1300 629 462

www.maxima.com.au

Uniting SA

Uniting SA provides young people with career advice and guidance, work readiness programs, job search support, youth services and mentoring.

unitingsa.com.au/community-services/young-people

Headspace

Headspace offers career advice and assistance in finding job opportunities for young people struggling with mental health challenges or other barriers to employment.

www.headspace.org.au

Young Worker's Rights

Safe Work SA and Fair Work provide information about worker's rights for young people:

SafeWork SA

www.safework.sa.gov.au/workers/types-of-workers/young-workers

Fair Work

www.fairwork.gov.au/find-help-for/young-workers-and-students

Understanding Uni, TAFE and Trades

Open Universities Australia website provides information about how university works, including the different levels of study, undergraduate and postgraduate students, entry requirements and much more. Visit their website to learn more about university:

www.open.edu.au/advice/insights/how-does-university-work-guide

There are a number of options for South Australian based study after high school:

Flinders University

www.flinders.edu.au

University of Adelaide

www.adelaide.edu.au

Torrens University (UniSA currently merging)

www.torrens.edu.au/campuses/adelaide/wakefield-street-adelaide

Tabor College

www.tabor.edu.au

TAFE SA

www.tafesa.edu.au

Apprenticeships and Traineeships

For information about apprenticeships and traineeships visit:

Office for Youth

www.youth.gov.au/employment/apprenticeships-and-traineeships

Australian Apprenticeships:

www.apprenticeships.gov.au/about-apprenticeships/types-apprenticeships

Relationships

ReachOut Australia

Visit ReachOut Australia's online portal for a safe place for young people to chat anonymously and get support. This includes a Peer Chat, online community, various articles and First Nations wellbeing support.

www.au.reachout.com

Relationships Australia

Relationships Australia is a leading provider of relationship support services. They help in achieving positive and respectful relationships.

1300 364 277

www.relationships.org.au

Shine SA

Shine SA provides information and support regarding sexual health and relationship wellbeing.

8300 5300

www.shinesa.org.au

Campbelltown City Council

Visit Council's website to discover the range of programs and initiatives available for young people to get involved, build connections and develop valuable skills.

YAC (Youth Advisory Committee)

The Youth Advisory Committee advise Council on matters relating to young people as active, involved and diverse citizens in the Campbelltown community.

www.campbelltown.sa.gov.au/council/council-and-committees/committees/youth-advisory-committee

Youth Crew

The Campbelltown Youth Crew is a program for 13 to 18 year olds to become active within the community.

www.campbelltown.sa.gov.au/community/community-services/children,-youth-and-families/youth-opportunities

Campbelltown Library

The Library offers a range of programs and events covering a variety of topics.

www.campbelltown.sa.gov.au/community/library/library-events-and-programs/child-and-youth-programs-and-services