

# Physical Activity and Sports Policy

Policy Reference Number	1264061
Responsible Department	Executive Services
Related Policies	Council Facility Hire, Asset Management, Playground & Exercise Equipment Development & Maintenance Policy
Related Procedures	Nil
Date of Initial Adoption	22 January 2013
Last Reviewed by Council	5 December 2023

## 1. Purpose

The purpose of this Policy is to define Council's position in respect to:

- Physical activity and sport development and facilities
- Supporting Community groups that facilitate sport and physical activity participation by members of the local Community.

## 2. Introduction

Council is committed to providing facilities that encourage participation in sport and/or physical activity programs.

These programs provide the local Community with opportunities for socialising, building friendship networks, skill development and keeping active which may lead to improved physical, emotional and mental health. Programs may be provided at a local, neighbourhood, district or regional level, as appropriate.

## 3. Power to Make the Policy

This Policy is made in accordance with Section 132A and 202 of the Local Government Act 1999.

## 4. Strategic Plan Link

This Policy has the following link to Council's Strategic Plan 2024:

- Supporting our Community (Goal 1)

## 5. Principles

- Programs – Council will provide programs that promote improving physical activity in the Community to improve resident's and ratepayer's health (physical, emotional & mental), primarily through sport and recreation
- Facilities – Council will strive to provide and design inclusive facilities for optimal access that are fit for purpose, well-maintained, promote multi-use and align with sustainable practices and outcomes

- Support – Council will support sustainable clubs and groups who promote physical activity and active participation by various sections of the Community.

## 6. Definitions

Definitions for the purpose of this Policy are:

<b>Accessibility:</b>	The degree to which Council's facilities and services benefit as many local residents as possible.
<b>Campbelltown Sport and Recreation Network:</b>	A group that is facilitated by Council and made up of local sports and leisure clubs/groups that share information and collaborate on projects and programs to improve local funding, training and development opportunities
<b>Financial Sustainability:</b>	Planned long-term service and infrastructure levels and standards are met without unplanned increases in rates or disruptive cuts to services.
<b>Facilities:</b>	Includes buildings and Community spaces under Council's care, control or management for the purpose of sport and/or physical activity.

## 7. Policy

### 7.1 Facilities

- 7.1.1** Council will endeavour to provide sustainable facilities that are safe and attractive, optimise Community usage that contribute to an improved quality lifestyle and increased local participation in sport and physical activity into the future.
- Council is committed to ensuring that all residents have access to physical activity, sport facilities and activities, in particular disadvantaged and isolated residents
  - Council is committed to planning for the provision of sporting facilities that meet the needs and aspirations of the local Community and allow for social physical activity as well as a range of competitive sporting levels to occur.
- 7.1.2** New or upgraded facilities will:
- Provide for a range of uses to optimise use of the Community asset
  - Be considerate of crime prevention through environmental design strategies to increase safety and security
  - Where possible, link to footpaths, cycle ways and track networks, as well as consider the provision of seating and shade
  - Comply with current Disability Discrimination Act codes and policies.

- 7.1.3** Council will offer a flexible tenure system for leased and licensed assets that prioritises resources to groups that can demonstrate a commitment to inclusive programs for local residents.
- 7.1.4** Council is committed to implementing and recording environmentally sustainable practices in the management of Council facilities. Where appropriate Staff will liaise with lessees and licence holders to advocate for these practices.
- 7.1.5** The fee structures set by Council will contribute to the long term financial sustainability of facilities. Council will be mindful when setting lease and licence fees that these fees may potentially be passed onto local participants/residents.

## **7.2 Safe Environment**

- 7.2.1** Council will endeavour to provide a healthy lifestyle and facilities and spaces for sport and physical activity that meet relevant Australian Standards.
- 7.2.2** Council will encourage facility users to adopt a Risk Management approach to the implementation of programs.
- 7.2.3** Users delivering programs for children within Council facilities must complete a Legislated Working with Children check for all staff and volunteers as specified by the legislation, provide evidence of this, and also provide appropriate staff/volunteer training.
- 7.2.4** Council encourages users delivering programs for other vulnerable persons within Council facilities to provide evidence of criminal history checks and appropriate staff/volunteer training.

## **7.3 Infrastructure**

Open space strategic directions support the retention and acquisition of open space for the development of parks, reserves and natural environments for the use and enjoyment of the Community. Parks and reserves will be developed in accordance with relevant Masterplans and Policies including Council's Open Space Strategy and Council's Playground and Exercise Equipment Development and Maintenance Policy.

## **7.4 Council Support**

- 7.4.1** Council will support user groups that commit to enhancing their existing sport or physical activity and adopting financially sustainable plans and practices.
- 7.4.2** Council will inform local clubs about relevant sport and physical activity opportunities where appropriate.
- 7.4.3** Council will support a range of sport and physical activity programs and events. Council will work in collaboration with key stakeholders to develop healthy sport and physical activity programs that address barriers to participation.

- 7.4.4** Through the Campbelltown Sport and Recreation Network, Council will support local groups to partner with each other, share information and increase their ease of access to valuable resources such as Federal, State and Local funding, training and development opportunities.

## **7.5 Partnerships**

Council will work with and actively seek partnerships with other Councils, other levels of Government, volunteer organisations, industry associations, sporting clubs/associations, service clubs and the private sector to ensure the promotion of sport and recreation and the provision of a healthy lifestyle with quality physical activity opportunities.

## **8. Review & Evaluation**

Within twelve months of each new Council term, Council will review this policy. Following this initial review, this policy will be reviewed at least biennially by Staff with minor administrative adjustments being approved by the Chief Executive Officer.

## **9. Availability of the Policy**

Copies of this Policy will be available at Council's principal office during ordinary business hours and at Council's website [www.campbelltown.sa.gov.au](http://www.campbelltown.sa.gov.au).