

AVOID

REDUCE

Why waste it? When you can avoid or **reduce** it.



Single Use,
Disposable Packaging
eg. Polystyrene



Plastic
Bags



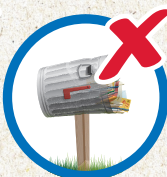
Individually
Packaged/Wrapped
Food Items



Excess
Packaging



Low Quality
Non-Durable Items



Junk Mail



Food Waste



Coffee Pods



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AVOID

REDUCE

Avoid or reduce these:

- Single-use, disposable containers and packaging
- Polystyrene
- Plastic bags
- Individually packaged/wrapped food items
- Pre-packaged fresh fruit and vegetables
- Purchasing items with excess packaging
- Items that cannot be recycled or composted
- Purchasing cheap, non-durable items
- Using coffee pod machines
- Junk mail (use a 'No Junk Mail' sticker)
- Printing when you can email instead

For more information on items you can
avoid or reduce go to:

whichbin.com.au