



# THINK FEET FIRST.

**STEP, CYCLE, SCOOT  
TO SCHOOL.**

**Dear Children and Families,**

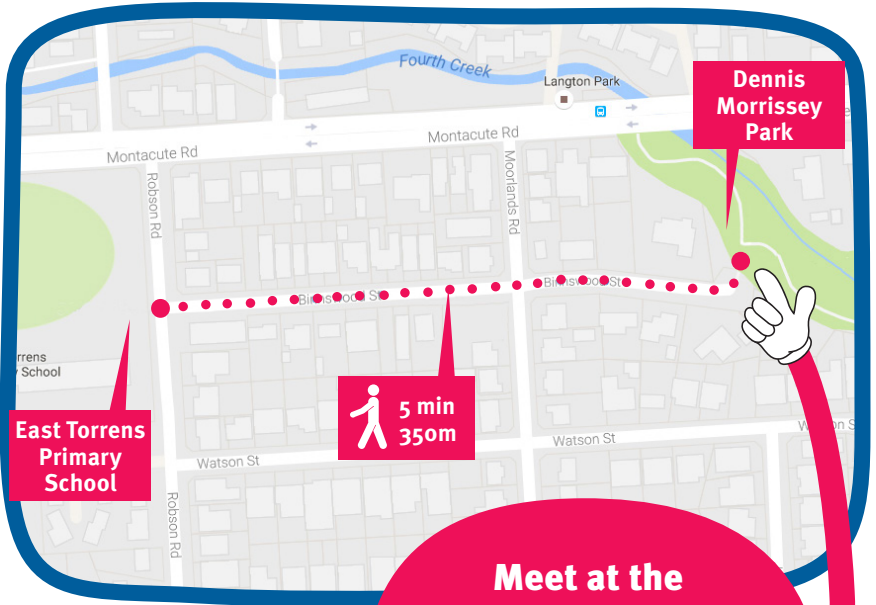
**You are invited to walk, cycle or scoot to school as part of OPAL's **Think Feet First Week** in October 2016.**

**When: **Wednesday 26 October 2016 at 8 am****

**What: **Think Feet First** is all about encouraging families to have some fun together by going on short walks, scoots or bike rides as part of travel to and from school. All or part way is okay. Aim for at least 500 metres (about 6-8 minutes if walking with your child). Be a part of **Think Feet First Week** and have your say about the draft Campbelltown Bike Plan.**

**Why: We all know how important it is for young children to be active every day and how much they learn when exploring the outdoors. 'Active travel' – i.e. walking, scooting or bike riding short trips are a great way for children to move, burn off energy, practice road safety and learn.**

**Where: Meet at the **OPAL tent Dennis Morrissey Park, near the Binnswood Street Entrance** and join us for a free OPAL Smoothie.**



**East Torrens  
Primary  
School**

**Dennis  
Morrissey  
Park**

 **5 min  
350m**

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OPAL tent,  
Dennis Morrissey  
Park, near the  
Binnswood Street  
Entrance**

**Opal**



OPAL is a joint program of State and Local Governments.

