

Strength for life 50+



Notice of Change

Please be advised that as of Friday 8 September 2017 the Campbelltown City Council Strength for life 50+ program will be finishing at the Marchant Community Centre.

Other great Strength for life programs in the area offering more classes are:

- **Milpara ACH Gym**
147 St Bernards Road, Rostrevor
(this program is available for the general public – you don't have to live at Milpara)
Contact Troy on 0450 729 984
- **Life Care Active Gym**
230 Payneham Road, Payneham.
Contact Shannon Peake on 8168 7600
- **Turrumurra Recreation Centre**
1000 Lower North East Road, Highbury
Call 8397 7433

Why not try Council's very own aquatic and recreation centre – tailored options for older people:

- **The ARC Campbelltown**
531 Lower North East Road, Campbelltown
Call 8366 9350

Thank you.



STRENGTH
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